STAR Method for Answering Behavioral Interview Questions
“Tell me about a time you . . .” “Give me an example of a time . . .”

Company:____________________  Position:____________________

<table>
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<tr>
<th>Initiative</th>
<th>Leadership</th>
<th>Critical Thinking/ Problem Solving</th>
<th>Creativity/ Innovation</th>
<th>Working with Others/Teams</th>
<th>Communication</th>
<th>Adaptability</th>
<th>Dealing with Ambiguity</th>
<th>Managing Multiple Deadlines</th>
</tr>
</thead>
</table>

S
**SITUATION**
Provide context
Where? When?
Who?

T
**TASK**
Describe what you needed to accomplish

A
**ACTION**
Explain what you specifically did

R
**RESULTS/ REFLECTION**
Share outcome, What did you learn?

Remember: Be positive! Practice your delivery of answers out loud. The STAR Method will help keep your responses on track.