### STAR Method for Answering Behavioral Interview Questions

“Tell me about a time you . . .”  “Give me an example of a time . . . ”

<table>
<thead>
<tr>
<th>Company:__________________</th>
<th>Position:___________________</th>
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<tr>
<th>Initiative</th>
<th>Leadership</th>
<th>Critical Thinking/Problem Solving</th>
<th>Creativity/Innovation</th>
<th>Working with Others/Teams</th>
<th>Communication</th>
<th>Adaptability</th>
<th>Dealing with Ambiguity</th>
<th>Managing Multiple Deadlines</th>
</tr>
</thead>
</table>

#### SITUATION

*Provide context*

*Where? When? Who?*

#### TASK

*Describe what you needed to accomplish*

#### ACTION

*Explain what you specifically did*

#### RESULTS/REFLECTION

*Share outcome, What did you learn?*

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Remember: Be positive! Practice your delivery of answers out loud. The STAR Method will help keep your responses on track.